




















## Activ Boxes





**Cultured lemon & thyme chicken fillet / 9.50** Living harissa, roasted potato, sumac garden salad, Aleppo pepper, aioli   

**Grilled butternut squash / 9.50 (VG)** Quinoa & buckwheat salad, baba ghanoush, omega seeds    

**Slow roast lamb shoulder / 11.95** White bean & chickpea stew, fennelkraut, artichoke labneh, spiced pistachios      






**BBQ Korean Salmon / 11.95** Soba activ salad, kimchi, daikon, edamame, sprouts, chilli, sesame, ginger & lime dressing       

**Flat iron steak / 12.95** Activ chimichurri, spinach & sweet potato salad  

**Herb brushed Tuna / 12.95** Lentils, slow roasted tomato & broccoli salad, kale    






**Grilled sprouting broccoli & beet / 9.50 (VG)** Braised puy lentils, activated hazelnut dressing     

## Activ Wraps



**Shawarma / 6.95** Slow-roast lamb shoulder, tahini, mint, super vegetables slow, tomato    
  

**Thyme & lemon chicken / 6.95** Avocado, iron leaves, kimchi aioli, pickles, tomato     

**Grilled halloumi / 6.95 (V)** Romesco sauce, grilled mediterranean vegetables, Zaatar, spinach & rocket      

**Quinoa & beetroot falafel / 6.95 (VG)** Sauerkraut, radish, tomato, mint, parsley, tahini     
 

## Activ Salads

**Activ Superfood / 6.95 (VG)** Quinoa & buckwheat tabouleh, kale, pomegranate, avocado, radish, live cider vinaigrette  

**Shoots & leaves / 7.45 (VG)** Sprouted beans, avocado, kale, broccoli, cucumber, spinach, red cabbage, biotic lemon & turmeric dressing

**Aubergine and sweet potato / 6.95 (V)** Barrel aged feta, pomegranate, garden leaves, activated dukkah

**Tempeh vita / 6.95 (VG)** kimchi, cucumber, mint, sprouted beans, chickpeas, kale avocado dip, hemp seed

**Raw garden salad/ 6.95 (VG)** chicory, gem, daikon, beets, cucumber, purple carrots, fennelkraut, radish, avocado hummus, maple dressing, seeds

**Protein addons:** Tuna steak: 8.95, Chicken fillet: 4.95, Flat iron steak: 8.95

Salmon: 8.95, Halloumi: 2.95, Tempeh: 2.50, Barrel aged feta: 2.50

## Activ Sides

**Hummus / 4.95 (VG)** Activated tahini, olive oil, sourdough

**Baked sweet potato / 4.95 (VG)** Omega seeds, parsley

**Baba ghanoush / 4.95 (VG)** Sprouted beans, pomegranate, sourdough

**Quinoa & buckwheat salad / 4.95 (VG)** Cucumber, tomato, parsley

**Harissa roasted potatoes / 4.50 (VG)** Vegan aioli, coriander

**Kimchi / 4.50 (VG)** Fermented Korean cabbage, daikon, spring onions & apple

**Pink Kraut / 4.50 (VG)** Fermented pink cabbage

**Purple Carrots / 4.50 (VG)** Fermented purple carrots

- Below 500 kcal

## Activ Snacks

**Activated Organic Almonds Raw Chocolate 6.49 (70gms) VG, GF**

**Activated Organic Walnuts Wasabi Miso 6.49 (70 gms) VG, GF**

Activated Organic Mixed Nuts 7.99 (100 gms) VG, GF  

### Activ Desserts

Raw Organic Chocolate Fudge with Activated Brazil Nuts 5.49 (75 gms) V, GF  

Raw Organic Chocolate Crackle with Activated Buckwheat 4.99 (45 gms) V, GF  

Chia and Coconut Pudding (VG) 4.50 Fresh berries & activated almonds 

### Activ Drinks

JARR Kombucha 3.50 Original / Ginger / Raspberry

Genie Kombucha 3.50 Fiery ginger / Crispy citrus / Dry apple

Genie Live Soda with Active Cultures 3.50 Original orange / Lemon & ginger

Purearth Sparkling Spirulina Kefir 4.00

Purearth Sparkling Ginger & Lemon Kefir 4.00

Organic Greek Goats milk Kefir 3.99 (V)

Bumblezest immune booster shots £3.50 Ginger Turmeric Collagen / Ginger Turmeric CBD

Lemonaid Lime 2.30

CanO Water 1.80 Sparkling / Still


















### Cold press juices

Green Squeeze 3.50 Spinach, Kale, Cucumber, Celery, Apple & Watercress

Stay Golden 3.50 Carrot, Turmeric, Pineapple & Ginger

Power Beets 3.50 Beetroot, Apple, Ginger & Pomegranate

## Food allergies guide

 Milk,  Gluten,  Eggs,  Nuts,  Soybeans,  Sulphur,  Crustaceans,  Lupins,  Mustard,  Fish,  Celery,  Sesame,  Molluscs,  Milk,  Peanuts,  Garlic,  Onion