

Activ Boxes

Cultured lemon & thyme chicken fillet / 9.50 Living harissa, roasted potato, sumac garden salad, Aleppo pepper, aioli 🍷🧄🍷

Grilled butternut squash / 9.50 (VG) Quinoa & buckwheat salad, baba ghanoush, omega seeds 🍷🌾🧄🍷

Slow roast lamb shoulder / 11.95 White bean & chickpea stew, fennelkraut, artichoke labneh, spiced pistachios 🍷🍷🍷🍷🧄🍷

BBQ Korean Salmon / 11.95 Soba activ salad, kimchi, daikon, edamame, sprouts, chilli, sesame, ginger & lime dressing 🌾🍷🍷🐟🌾🧄🍷

Flat iron steak / 12.95 Activ chimichurri, spinach & sweet potato salad 🍷🧄

Herb brushed Tuna / 12.95 Lentils, slow roasted tomato & broccoli salad, kale 🐟🍷🍷🧄

Grilled sprouting broccoli & beet / 9.50 (VG) Braised puy lentils, activated hazelnut dressing 🍷🍷🍷🧄🍷

Sourdough Sandwiches

Vegan sourdough / 6.95 (VG) smoked aubergine, caponata, iron leaves 🌾🍷🌾🧄🍷

Grilled halloumi / 6.95 (V) Romesco sauce, grilled Mediterranean veg, Zaatar, greens 🌾🌾🍷🍷🧄

Roast beef / 6.95 horseradish & chive cream cheese, tomato chutney, rocket 🌾🍷🍷🧄🍷

Thyme & lemon chicken / 6.95 Avocado, iron leaves, kimchi aioli, pickles, tomato 🍷🌾🍷🧄🍷

Activ Salads

Activ Superfood / 6.95 (VG) Quinoa & buckwheat tabouleh, kale, pomegranate, avocado, radish, live cider vinaigrette 🍷🍷

Shoots & leaves / 7.45 (VG) Sprouted beans, avocado, kale, broccoli, cucumber, spinach, red cabbage, biotic lemon & turmeric dressing 🍷

Aubergine and sweet potato / 6.95 (V) Barrel aged feta, pomegranate, garden leaves, activated dukkah 🍷🍷🍷🧄

Tempeh   (VG) kimchi, cucumber, mint, sprouted beans, chickpeas, kale avocado dip, hemp seed

Raw garden salad/ 6.95 (VG) chicory, gem, daikon, beets, cucumber, purple carrots, fennelkraut, radish, avocado hummus, maple dressing, seeds    

Protein addons: Tuna steak: 8.95 , Chicken fillet: 4.95, Flat iron steak: 8.95

Salmon: 8.95  Halloumi: 2.95  Tempeh: 2.50 , Barrel aged feta: 2.50 

Activ Sides

Hummus / 4.95 (VG) Activated tahini, olive oil, sourdough   

Baked sweet potato / 4.95 (VG) Omega seeds, parsley  

Baba ghanoush / 4.95 (VG) Sprouted beans, pomegranate, sourdough   

Quinoa & buckwheat salad / 4.95 (VG) Cucumber, tomato, parsley  

Harissa roasted potatoes / 4.50 (VG) Vegan aioli, coriander 

Kimchi / 4.50 (VG) Fermented Korean cabbage, daikon, spring onions & apple   

Pink Kraut / 4.50 (VG) Fermented pink cabbage

Purple Carrots / 4.50 (VG) Fermented purple carrots 

- Below 500 kcal

Activ Snacks

Activated Organic Almonds Raw Chocolate 6.49 (70gms) VG, GF  

Activated Organic Walnuts Wasabi Miso 6.49 (70 gms) VG, GF   

Activated Organic Mixed Nuts 7.99 (100 gms) VG, GF  

Activ Desserts

Raw Organic Chocolate Fudge with Activated Brazil Nuts 5.49 (75 gms) V, GF 



Raw Organic Chocolate Crackle with Activated Buckwheat 4.99 (45 gms) V, GF



Chia and Coconut Pudding (VG) 4.50 Fresh berries & activated almonds 

Activ Drinks

JARR Kombucha 3.50 Original / Ginger / Raspberry

Genie Kombucha 3.50 Fiery ginger / Crispy citrus / Dry apple

Genie Live Soda with Active Cultures 3.50 Original orange / Lemon & ginger

Purearth Sparkling Spirulina Kefir 4.00

Purearth Sparkling Ginger & Lemon Kefir 4.00

Organic Greek Goats milk Kefir 3.99 (V)

Bumblezest immune booster shots £3.50 Ginger Turmeric Collagen / Ginger Turmeric CBD

Lemonaid Lime 2.30

CanO Water 1.80 Sparkling / Still

Cold press juices

Green Squeeze 3.50 Spinach, Kale, Cucumber, Celery, Apple & Watercress

Stay Golden 3.50 Carrot, Turmeric, Pineapple & Ginger

Power Beets 3.50 Beetroot, Apple, Ginger & Pomegranate

Food allergies guide

 Milk,  Gluten,  Eggs,  Nuts,  Soybeans,  Sulphur,  Crustaceans,  Lupins,  Mustard,  Fish,  Celery,  Sesame,  Molluscs,  Milk,  Peanuts,
 Garlic,  Onion