






Activ Boxes


Cultured buttermilk chicken fillet / 9.50 Living harissa, roasted potato, sumac garden salad, Aleppo pepper, aioli   

Grilled butternut squash / 9.50 (VG) Quinoa & buckwheat salad, baba ganoush, omega seeds  

Slow roast lamb shoulder / 11.95 White bean & chickpea stew, fennelkraut, artichoke lebneh, spiced pistachios  

BBQ Korean Salmon / 11.95 Soba activ salad, kimchi, daikon, edamame, sprouts, chilli, sesame, ginger & lime dressing     




Flat iron steak / 12.95 Activ chimichurri, spinach & sweet potato salad 

Herb brushed Tuna / 12.95 Lentils, slow roasted tomato & broccoli salad, kale   

Grilled sprouting broccoli & beet / 9.50 (VG) Braised puy lentils, activated hazelnut dressing     

Activ Wraps


Shawarma / 6.95 Slow-roast lamb shoulder, tahini, mint, super vegetables slow, tomato  


Thyme & lemon chicken / 6.95 Avocado, iron leaves, kimchi aioli, pickles, tomato   

Grilled halloumi / 6.95 (V) Romesco sauce, grilled mediterranean vegetables, Zaatar, spinach & rocket     



Quinoa & beetroot falafel / 6.95 (VG) Sauerkraut, radish, tomato, mint, parsley, tahini  





Activ Salads

Activ Superfood / 6.95 (VG) Quinoa & buckwheat tabouleh, kale, pomegranate, avocado, radish, live cider vinaigrette 

Shoots & leaves / 7.45 (VG) Sprouted beans, avocado, kale, broccoli, cucumber, spinach, red cabbage, biotic lemon & turmeric dressing 

Aubergine and sweet potato / 6.95 (V) Barrel aged feta, pomegranate, garden leaves, activated dukkah   

Tempeh v   5.95 (VG) kimchi, cucumber, mint, sprouted beans, chickpeas, kale avocado dip, hemp seed



Raw garden salad/ 6.95 (VG) chicory, gem, daikon, beets, cucumber, purple carrots, fennelkraut, radish, avocado hummus, maple dressing, seeds    

Quinoa & beetroot falafel / 6.95 (VG) Sauerkraut, radish, tomato, mint, parsley, tahini dressing




Protein addons: Tuna steak: 8.95 Chicken fillet: 4.95 Flat iron steak: 8.95

Salmon: 8.95 Halloumi: 2.95 Tempeh: 2.50 Barrel aged feta: 2.50

Activ Sides

Hummus / 4.95 (VG) Activated tahini, olive oil, sourdough   

Baked sweet potato / 4.95 (VG) Omega seeds, parsley  

Baba ganoush / 4.95 (VG) Sprouted beans, pomegranate, sourdough   

Quinoa & buckwheat salad / 4.95 (VG) Cucumber, tomato, parsley

Harissa roasted potatoes / 4.50 (VG) Vegan aioli, coriander 

Kimchi / 4.50 (VG) Fermented Korean cabbage, daikon, spring onions & apple   

Pink Kraut / 4.50 (VG) Fermented pink cabbage

Pink Carrots / 4.50 (VG) Fermented purple carrots 

- Below 500 kcal

Activ Snacks

Activated Organic Almonds Raw Chocolate 6.49 (70gms) VG, GF  

Activated Organic Walnuts Wasabi Miso 6.49 (70 gms) VG, GF   

Activated Organic Mixed Nuts 7.99 (100 gms) VG, GF  

Activ Dessets

Raw Organic Chocolate Fudge with Activated Brazil Nuts 5.49 (75 gms) V, GF  

Raw Organic Chocolate Crackle with Activated Buckwheat 4.99 (45 gms) V, GF   

Chia and Coconut Pudding (VG) 4.50 Fresh berries & activated almonds 

Activ Drinks

JARR Kombucha 3.50 Original / Ginger / Raspberry

Genie Kombucha 3.50 Fiery ginger / Crispy citrus / Dry apple

Genie Live Soda with Active Cultures 3.50 Original orange / Lemon & ginger

Purearth Sparkling Spirulina Kefir 4.00

Purearth Sparkling Ginger & Lemon Kefir 4.00

Organic Greek Goats milk Kefir 3.99 (V)

Bumblezest immune booster shots £3.50 Ginger Turmeric Collagen / Ginger Turmeric CBD

Lemonaid Lime 2.30

CanO Water 1.80 Sparkling / Still


















Cold press juices

Green Squeeze 3.50 Spinach, Kale, Cucumber, Celery, Apple & Watercress

Stay Golden 3.50 Carrot, Turmeric, Pineapple & Ginger

Power Beets 3.50 Beetroot, Apple, Ginger & Pomegranate

Food allergies guide

 Milk,  Gluten,  Eggs,  Nuts,  Soy beans,  Sulphur,  Crustaceans,  Lupins,  Mustard,  Fish,  Celery,  Sesame,  Molluscs,  Milk,  Peanuts,  Garlic,  Onion